Health
AUGUSTA UNIVERSITY

STAY SAFE.
HELP US KEEP PATIENTS AND STAFF SAFE.

### SAFE PRACTICES DURING COVID-19

PATIENT- AND FAMILY-CENTERED CARE

Under typical circumstances, AU Health welcomes family and guests 24/7. Our patient- and family-centered practices recognize that family/support individuals are stewards of patient safety and are integral to healing. The COVID-19 pandemic has been difficult for all of us, and while we continue to support patient- and family-centered care, during this time, we must be cautious in preventing the spread of COVID-19. Please review these safe practices. Thank you for partnering with us to keep everyone safe.

SCREENING

Upon entry, all patients and family members/support persons:
- are asked several questions as part of our screening process. After screening, you will receive a sticker to wear.
- must wear a face covering over nose and mouth in our facility. If coming in for surgery, patients receive a cone mask.
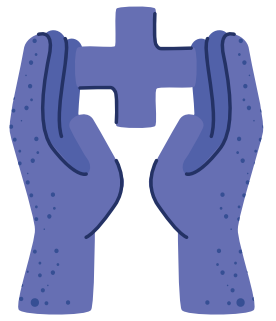
SEEING YOUR PATIENT

While at AU Health, ONE family member/support person may be with patient (exception: Covid units). *Please,*
- wear sticker indicating you have been screened;
- remain in patient's room with minimal movement throughout hospital;
- If after 8:30 pm, family member/support person receives photo Identification Badge.

SAFETY PRECAUTIONS

- If you are not feeling well, stay home!
- Wash hands with soap and water or use hand sanitizer;
- Sneeze or cough into a tissue and throw it away or use 'Superman technique' by coughing in bended elbow;
- Keep face covering on and don't touch face;
- Social distance when around others.
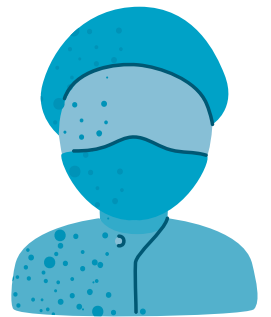
HELPFUL TIPS

- When not here, set up virtual contacts with patient. Staff can help!
- Identify one individual as key contact to communicate with care team and family.
- Sign up for the secure VIP portal (Virtually Informed Patient) for provider messaging, provider notes, pathology and radiology reports, medications, and discharge reports. Scan QR Code, or go to **augustahealth.org/vip.** For more information, call **706-446-0024**.

CENTER FOR PATIENTS AND FAMILIES
706-721-PFCC (7322)
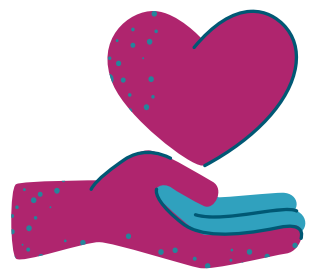
Not feeling well?

Concerned you have Covid-19?

Should you be tested for COVID-19 if you have been exposed?

If you have been exposed to someone with COVID-19, you don't have to be tested right away. Instead, quarantine yourself for 14 days and monitor your symptoms. If you begin showing signs of coronavirus, consider being screened using AU Health's ExpressCare app. With this online tool, you can receive a free virtual screening, 24 hours a day, seven days a week, with no appointment required. If the evaluation shows you need to be tested, a health care provider from AU Health will schedule you for testing.

Go to **www.augustahealth.org/COVID19** or scan the QR code for virtual screening. If you have questions, call the AU Health hotline at **706-721-1852** prior to visiting a health care facility for treatment.

What are the symptoms of COVID-19?

Symptoms reported for COVID-19 are similar to influenza and have included mild to severe respiratory illness with fever, cough, and shortness of breath. Other symptoms include body aches, nausea, diarrhea, loss of taste and smell, or even the feeling of passing out.