Indications for Bariatric Surgery

1. **Meet NIH medical indications for obesity loss surgery, including**
   a. Age greater 18 years
   b. BMI above 40kg/m²
   c. BMI between 30kg/m² and 40 kg/m² with a major weight related medical condition (hypertension, diabetes, sleep apnea, fatty liver disease, heart disease)
   d. Weight at least 100 pounds overweight

2. **Meet Georgia Health Sciences Weight Loss Center program criteria for obesity surgery, including**
   a. Meet NIH and other national guidelines for obesity surgery as above
   b. Documented supervised weight loss attempt with failure
   c. Medically cleared and approved by our multidisciplinary bariatric team members, including required evaluation by our bariatrician, psychologist, dietitian and surgeon
   d. Mentally and emotionally prepared and motivated
   e. No substance abuse or unhealthy lifestyle habits (drug abuse, alcohol abuse and tobacco use)
   f. Have good understanding of procedure and lifestyle changes required for long-term success
   g. Have realistic expectations regarding outcome after surgery
   h. Have intact support structure to be successful following bariatric surgery (work, family, friends who are engaged in process with patient)
   i. Weigh less than 400 pounds
   j. Insurance approved for bariatric surgery

3. **Meet ACS-BSCN medical guidelines for obesity surgery for a new bariatric program, including**
   a. No high risk patients (adolescent, non-ambulatory, transplant candidate)
   b. No male with BMI above 50kg/m²
   c. No female patient with BMI above 60kg/m²
   d. No medicare patients
   e. No revisional obesity surgery patients unless addressing an urgent/emergent complication