



AUGUSTA UNIVERSITY

Executive Wellness

# Truly Multidisciplinary Care.

Imagine — in just one day, all the appointments you need to obtain a complete picture of your health. Our **comprehensive assessment** is a thorough preventive and diagnostic exam guided by a team of highly trained physicians and staff who are part of the region's only academic medical center and a recognized leader in health care.

Learn more about  
**Augusta University Executive Wellness**  
at [augustahealth.org/executivewellness](http://augustahealth.org/executivewellness)  
or email [execwellness@augusta.edu](mailto:execwellness@augusta.edu).

To make an appointment with our  
Executive Wellness Navigator,  
call 706-723-4478.





Executive Leadership means making the right decisions — including your health.

Good health ensures your best performance, both professional and personal. However, all too often, busy schedules and pressing deadlines take precedence over taking care of your health.

Augusta University Executive Wellness is designed to provide a fully personalized and comprehensive health assessment in just one day. No waiting. No hassle.

[augustahealth.org/execwellness](http://augustahealth.org/execwellness)

## A Prescription for Success.

As a leader, you make choices to improve the success of your company every day. Take care of yourself with the same diligence. Augusta University Executive Wellness will meet your needs and ensure you have the information you need to achieve better health — for career, for family and for life.



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## Convenient Care. Quality Results.

Executive Wellness offers the convenience of addressing all your health care needs at one time, in one place, while in the comfort of our beautifully designed private suite. Amenities created especially for you include a relaxing commons area with the day's news, Wi-Fi, computer workstation with Internet access, kitchenette and private restroom.

Before, during and after your visit, our dedicated Executive Wellness navigator is your one point of contact. Your navigator will work with you to customize your visit with us and schedule any additional consultations. At the end of the day, you will meet with the lead physician to discuss your results and a health maintenance schedule.